



INTER-CLUB COMPETITION



COMPETITORS £20

(SPECTATORS FREE, PARKING FREE, LIMITED SEATING, BRING A FOLD-UP CHAIR)

STUDENT NAME _____ M/F

TKD/KB SCHOOL _____ DOB _____

GRADE _____ TKD KUP / KB GRADE / DEGREE

LITTLE DRAGONS: HIGH KICK FLYING KICK ROUTINE

CADETS (7-13): HIGH KICK FLYING KICK PATTERNS SPARRING

HEIGHT (FOR SPARRING) _____ CM

JUNIORS (14-17): PATTERNS SPARRING DESTRUCTION

WEIGHT (FOR SPARRING) _____ KG

OVER 18s: PATTERNS SPARRING DESTRUCTION

WEIGHT (FOR SPARRING) _____ KG

SIGNED _____ DATE _____

1ST, 2ND AND 3RD PLACE MEDALS WILL BE GIVEN IN ALL EVENTS (LITTLE DRAGONS NOT PLACED 1ST, 2ND OR 3RD IN ANY OF THE EVENTS WILL RECEIVE A PARTICIPATION MEDAL). BY SIGNING ABOVE YOU DECLARE YOURSELF OR YOUR CHILD FIT TO PARTICIPATE AND WILL ACCEPT THE DECISION OF THE JUDGES. ONLY APPROVED SPARRING EQUIPMENT MUST BE WORN. ALL EVENTS ARE ENTERED AT YOUR OWN RISK. NO REFUNDS CAN BE GIVEN. FULL UNIFORM MUST BE WORN AT THE EVENT. ANYONE WITH A RECENT HEAD INJURY MUST DECLARE THIS BEFORE ENTERING ON THE DAY)

Cardiff City House of
Sport, CF11 8AW

Saturday 3rd February 2018

Doors 8:30am

Start 9am